

Day 1

9.00	Registration and Coffee					
	Plenary opening ceremony EN/ES/FR/GER					
	Location: María de Maeztu / EN/ES/FR/GER					
9.30	Welcome Words		Pablo Cervantes (ES), Lola Corrales(ES), Gurli Nielsen(DK), Frans Nollet (NL)			
10.00	Polio in developing countries		Nora Groce (UK)			
10.30	What is needed in Spain?		Jose Salazar Agullo (ES)			
11.00	Coffee break					
	Track 1 Polio Survivors EN/ES/FR/GER		Track 2 Best Practices EN/ES		Track 3 Research EN/ES	
	Location: María de Maeztu		Location: Green Capital		Location: Gasteiz, 2nd floor	
11.30	Post-polio Syndrome - What it means		Diagnosing PPS - additional investigations		Free papers	
	Patient story	Raquel Contreras (ES)	Electromyography, the added value	Jan Lexell (SE)		
12.00	What is Post Polio syndrome?	Daria Trojan (CA)	Muscle Imaging, added value	Frans Nollet (NL) Mateos-Angulo (ES)	Alvaro	
12.30	Treatment principles for Post-Polio Syndrome	Speaker to be confirmed	This is not PPS, or is it? differential diagnosis	Laura Bertolasi (I)		
13.00	Lunch and Poster viewing					
14.30	Symptom Management EN/ES/FR/GER		Poliovirus - persistence & inflammation EN/ES		Free papers EN/ES	
	Location: María de Maeztu		Location: Green Capital		Location: Gasteiz, 2nd floor	
	Managing Fatigue (including sleep)	Fieke Koopman (NL)	Poliovirus persistence	Antonio Tonioli (I)		
15.00	Managing Pain	Axel Ruetz (D)	Inflammation and Immunoglobulines	Eva Melin (SE)		
15.30	Managing Sleep	Speaker to be confirmed	Topic not confirmed	Speaker to be confirmed		
16.00	Tea break					
16.30	WS1 Supports for patients and care givers EN/ES/FR/GER	WS2 Managing fatigue EN/ES	WS3 Exercise therapy EN/ES	WS4 Managing Acute Flaccid Myelitis Only in English	WS5 Gait & Orthotics Only in English	WS6 Outcome measures in PPS – why, how and what? Only in English
	Location: María de Maeztu	Location: Green Capital	Location: Gasteiz, 2nd floor	Location: La Hechicera, 2nd floor	Location: Sorginetxe, 2nd floor	Location: Barandiaran
	Els Symons (NL), Geir Stromsholm (N), Gurli Nielsen (DK), Erika Gehrig (CH)	Huib Creemers (NL), Pien Koomen (NL)	Deidre Murray (IE), Merete Bertelsen (DK), Eric Voorn (NL)	Michelle Melicosta (USA), Mattijs Alsem (NL)	Felix Ogedgebe (NG), Ikenna Ejeilo (NG), Franklyn Amaneto (NG)	Christina Brogardh (S), Jan Lexell (S)
17.30						
18.00	Welcome reception					
20.00	Speakers dinner					

Day 2

9.00	Registration and Coffee					
	Key notes EN/ES/FR/GER					
	Location: María de Maeztu					
9.30	Polio Eradication Progress		Oliver Rosenbauer (CH)			
10.00	Development of new polio vaccines		Speaker to be confirmed			
10.30	Acute flaccid myelitis		Michelle Melicosta (USA)			
11.00	Coffee break					
	Track 1 Polio Survivors EN/ES/FR/GER		Track 2 Best Practices EN/ES		Track 3 Research EN/ES	Documentary
	Location: María de Maeztu		Location: Green Capital		Location: Gasteiz, 2nd floor	Location: La Florida 1st floor/ English subtitles
11.30	Respiration and swallowing		Multidisciplinary Rehabilitation		Evidence Based Practice	The echo of the epidemic
	Breathing & Ventilation	Georgios Kaltsakas (UK)	Balance analysis as functional prognosis	Alex Pasarín (ES)	Therapy Evidence (Cochrane review)	Fieke Koopman (NL)
12.00	Aneasthesia and Polio; facts and myths	Speaker not confirmed	Comprehensive goal-oriented rehabilitation	Jan Lexell (S)	Exercise recommendations & research	Eric Voorn (NL)
12.30	Swallowing	Sandra Offeringa (NL)	Shared decision making	Anita Atwal (UK)	From evidence and guideline to practice	Julian Harriss
13.00	Lunch and Poster viewing					
	Self management EN/ES/FR/GER		Gait and orthotic devices EN/ES		Orthopedic issues EN/ES	The echo of the epidemic
	Location: María de Maeztu		Location: Green Capital		Location: Gasteiz, 2nd floor	Location: La Florida 1st floor / Spanish subtitles
14.30	Perceptions of polio incl video	Daniela Gonzales (ES)	Gait disorders in Polio	Rania Belhafouz (F)	Lower extremity surgery	Miquel Pons (ES)
15.00	Self management	Jeong Sue Lee (UK) Alex Curtis (UK)	Gait and Falls	Isabelle Schwartz (ISR)	The ageing spine, pain and scoliosis	Alain Yelnik (F) Vincent Triffeau (F)
15.30	Cognitive behavioural therapy for PPS	Sandra de Moree (NL)	Orthotic devices - guidelines & evidence	Merel Brehm (NL)	Upper extremity orthopedic problems	Simon Shaw (UK)
16.00	Tea break					
16.30	WS7 How to live with PPS? EN/ES/FR/GER	WS 8 Management of Bladder & Bowel Symptoms EN/ES	WS9 Patient Education EN/ES	WS 10 Nutrition & weight Only in English	WS 11 (Title not confirmed) Only in English	WS12 Improving orthotics Only in English
	Location: María de Maeztu	Location: Green Capital	Location: Gasteiz, 2nd floor	Location: La Florida 2nd floor	Location: La Hechicera 2nd floor	Location: Sorginetxe 2nd floor
	Anne Kristine Schanke (N) , Aadje de Groot (NL), Sandra de Moree (NL)	Lise Kay (DK)	Anne Marie Eriksen (DK), Salazar Agullo (ES)	Carmen Fernández López (ES)	Anita Atwal (UK)	Niels Waterval (NL), Merel Brehm (NL)
17.30						
18.00						
20.00	Conference dinner					

Day 3

9.00	Registration and Coffee		
	Track 1 Polio Survivors Ageing and Comorbidity EN/ES/FR/GER Location: María de Maeztu	Track 2 Best Practices Challenges in PPS EN/ES Location: Green Capital	Track 3 Research Free papers EN/ES Location: Gasteiz, 2nd floor
9.30	Effects of Comorbidity and Medication Lise Kay (DK)	Educating health professionals / network (ws) Michael Jackson (AUS)	
10.00	Restless legs & Cold intolerance Hatice Kumru (ES)	Care needs of Immigrants with Polio Iolanda Santos Tavares (S)	
10.30	Osteoporosis Helena Burger (SI)	Improving Care in Polio endemic countries Felix Ogedegbe (NG), Axel Ruetz (D)	
11.00	Coffee break		
	Round Table 1 Patients networks EN/ES/FR/GER Location: María de Maeztu Moderators Gurli Nielsen (DK) and Erika Gehrig (CH)	Round Table 2 Research agenda and Clinical networks EN/ES Location: Green Capital Moderators Frans Nollet (NL), Jan Lexell (S)	Round Table 3 How can Rotary help PPS? EN/ES Location: Gasteiz, 2nd floor Moderator Pablo Cervantes (ES)
11.30			
12.00			
12.30			
13.00	Lunch and Poster viewing		
	Plenary and closing session EN/ES/FR/GER Location: María de Maeztu		
14.30	Short reports from round tables by moderators		
15.00			
15.30	Closing remarks and announcement of next conference		
16.00			